

VIRTUAL FACILITATED SESSION

SET TO SUCCEED - STRATEGIES FOR EMERGING FROM A CRISIS WITH AN

# OUTWARD MINDSET

## OVERVIEW

While the outset of a crisis can create a host of challenges, the recovery and exiting from a crisis can create even more. Decisions made in crisis mode may have alienated trust, disrupted systems, or given rise to new conflicts. What is needed is a methodology for approaching others that acts to unify and heal broken bonds to ensure a successful exit from crisis into growth. Arbinger's 3-day foundational workshop is designed to equip you with the tools to identify and overcome the harmful effects of what we can call a self-deceived or inward mindset. We then take a journey to turn our mindsets outward and discover ways we can come together to move forward and find balance/harmony in our lives and work.

## RESULTS AND OUTCOMES

The 3-day foundational workshop will equip participants with 4 self-awareness tools and 2 mindset change tools. We will also look at 8 additional tools and frameworks related to accountability and workflow to help mindsets stay outward.

The collective application of an outward mindset with individuals throughout the organization enables breakthrough results. Organizations which make this fundamental shift experience substantial and sustainable improvements in key areas such as leadership development, team effectiveness, customer satisfaction, change management, collaboration, and conflict resolution.

## WORKSHOP FORMAT

This session is an interactive, online, 3-day course. Key concepts are taught through discussions led by an Arbinger-certified facilitator, and the course is punctuated by videos, individual and group exercises, one-on-one sharing, and application of the tools to on-the-job situations facing the participants.

Both of Arbinger's International Bestselling books, Leadership and Self-Deception and The Outward Mindset are also included with material packets.

## KEY OBJECTIVES

Arbinger's workshop equips participants with a set of self-awareness tools, mindset change tools, and individual and team tools that enable participants to:

- Deeply understand the two underlying mindsets and their implications on results
- Learn to honestly assess—on an ongoing basis—the extent to which they are working with an inward mindset
- Learn to work in a way that is more collaborative, fulfilling and effective
- Learn to assess their performance within an organization and hold themselves accountable for their impact on others
- Positively influence others to change
- Leverage tools to address and resolve conflicts

## Contact

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